

APPOINTMENT DATE: _____

APPOINTMENT TIME: _____

LOCATION: _____

Your provider has ordered a UroCuff test to evaluate how your bladder and the bladder outlet are functioning. This information will help you and your doctor determine the best treatment plan. This test is performed by a highly skilled Medical Assistant here in the office.

How to prepare for a successful test

You may eat, drink, and take all other regularly scheduled medications on the day of the test as normal.

1. Drink **32 oz of water** about **1 hour before your appointment** to ensure you arrive to the office with a comfortably **FULL BLADDER**.
Note: If you are not quite full upon arriving, ask reception for water to drink and have a seat in the waiting room.
2. Do **not** urinate before the test unless instructed.
3. Notify reception when you bladder is full and you feel like the “need to go” face below.



No urge



Could go



Want to go



Need to go



Can't wait!

What to expect during the test

The test is not painful and typically takes 5–10 minutes.

- You will be in a private room or bathroom
- You will be asked to void through a small plastic tube into a toilet
- The tube has a sensor that will evaluate your voiding while you urinate

You may resume normal activities immediately after the test.

What to expect after the test

Your results are reviewed by your UroPartners urologist, who will discuss what they mean and how they guide your treatment options.

